

ANALGESICS

Drug	Brands	Usual Dose	Maximum Dose
Aspirin	• Tab. Aspirin 300 mg • Tab. Ascard 75,150,300mg • Tab. Disprin 300 mg	300 mg 4-6 hourly	900 mg in divided doses(analgesic dose)
Ibuprofen	• Tab. Brufen 200,400,600 mg • Tab. Actifen 200,400,600 mg	200-400 mg TDS	1200 mg in 3 doses
Flurbiprofen	• Tab. Froben 50,100 mg • Tab. Ansaid 100 mg	50-100 mg BD	300 mg in 2 doses
Diclofenac Sodium	• Tab. Artifen 25,50 mg • Tab. Dicloran 50 mg • Tab. Voren 25, 50 mg	25-50 mg BD	150 mg per day
Naproxen	• Tab. Flexin 250,500 mg • Tab. Synflex 550 mg	250 mg BD	1000 mg in 2-3 doses
Piroxicam	• Tab. Brexin 20 mg • Tab. Feldene 20 mg	20 mg OD	40 mg OD
Nimesulide	• Tab. Nims 100 mg • Tab. Unix 100 mg	100 mg BD	400 mg in 2 doses
Ketorolac	• Inj. Toradol 10,30 mg/ml	15-30 mg 6-8h IV	
Paracetamol	• Tab. Panadol 500 mg • Tab. Calpol 500 mg • Tab. Disprol 500 mg	500 mg 6-8 hourly	4 g in 4 divided doses
Paracetamol + caffeine	• Tab. Panadol Extra • Tab. Calpol Plus	1 Tab. BD/TDS	
Paracetamol + Orphenadrine	• Tab. Wilgesic (450/35 mg) • Tab. Wilgesic Forte (650/50mg) • Tab. Nuberol Forte (650/50mg)	1 Tab. BD/TDS	
Paracetamol + Codeine	• Tab. Codogesic (500/15 mg)	1 Tab. BD/TDS	
Tramaodol	• Cap. Tramal 50 mg • Inj. Tramal 50 mg/ml IM/IV	50-100 mg 6h	400 mg in divided doses
Tizanidine (Musle Relaxant)	• Ternelin 2,4 mg • Movax 2,4 mg	2-4 mg TDS	36 mg/day
Thiocolchicoside (Musle Relaxant)	• Cap. Thiolax 4 mg • Cap. Muscoril 4 mg	1-2 Cap. BD/TDS	

ANTIBIOTICS: ORAL

Drug	Brands	Dose
Amoxicillin	• Cap. Amoxil 250,500 mg • Cap. Wymox 250,500 mg, 1 g	250-500 mg/8h
Amoxicillin + Clavulanic Acid	• Tab. Augmentin 375,625, 1g • Tab. Calamox 1g	375- 625 mg TDS 1g BD
Cephradine (1 st Gen.)	• Cap. Velosef 250,500 mg	250-500 mg BD/TDS
Cefixime (3 rd Gen.)	• Cap. Cefiget 400 mg • Cap. Cefspan 400 mg • Cap. Cefim 200,400 mg	200 mg OD/BD 400 mg OD
Ciporofloxacin	• Tab. Ciprin 250,500 mg • Tab. Novidat 250,500 mg • Tab. Hiflox 250,500,750 mg • Tab. Mercip 250,500 mg	250-750 mg BD.
Levofloxacin	• Tab. Leflox 250,500 mg • Tab. Levo 250,500 mg • Tab. Bexus 250,500 mg	250 mg BD 500 mg OD
Ofloxacin	• Tab. Oflobid 200,400 mg	200 mg BD 400 mg OD
Clarithromycin	• Tab. Klaricid 250, 500, XL500 mg • Tab. Rithmo 250, 500, XL500 mg • Tab. Neo-Klar 250, 500 mg	250-500 mg BD Klaricid XL 500 mg OD
Moxifloxacin	• Tab. Avelox 400 mg • Tab. Moxiget 400 mg	400 mg OD
Azithromycin	• Tab. Azomax 500 mg	500 mg OD
Doxycycline	• Tab./Cap. Vibramycin 100 mg	100 mg OD/BD
Metronidazole	• Tab. Flagyl 200,400 mg • Tab. Abozole 400 mg	400 mg/8h
Clindamycin	• Cap. Dalacin c 150,300 mg	150-300 mg 6h

ANTITUBERCULOUS DRUGS (Tab. Form)

Isoniazid + Rifampicin + Ethambutol+Pyrizinaide	• Myrin-P • Myrin-P Forte • Rifa 4 • Rifa 4 Plus	Myrin-P Forte Dose: 30-39 kg: 2 Tabs.OD 40-54 kg: 3 Tabs.OD 55 & above: 4 Tabs.OD
Isoniazid + Rifampicin + Ethambutol +	• Myrin • Rifatol	30-39 kg: 2 Tabs.OD 40-54 kg: 3 Tabs.OD 55 & above: 4 Tabs.OD
Isoniazid + Rifampicin + Pyrizaide	• Rimcure 3 (75+150+400 mg)	
Isoniazid	• Isoniazid 100 mg • INH100, 300 mg	5 mg/kg/day Max. dose 300 mg/day
Rifampicin	• Rimactal 300, 450 mg	10 mg/kg/day Max. dose 600 mg/day
Ethambutol	• Myambutol 400 mg	15-25 mg/kg/day
Pyrizinaide	• Pyrizaide 500 mg • PZA CIBA 500 mg	20-30 mg/kg/day
Rifampicin + Isoniazid	• Rimactal INH 300 (300/150 mg) • Rimactal INH 450 (450/300mg)	
Ethambutol + Isoniazid	• Myambutol INH (400/100 mg)	

ANTIBIOTICS: PARENTERAL

Ampicillin+ Cloxacillin)	Ampiclox 500 mg	500 mg-1 g IM/IV 4-6h Listeria meningitis 2g IV 4h
Benzylpenicillin (Benzathine Penicillin G)	Benzyl Penicillin 0.5 & 1 mu (mu=million unit) (1 mu=600 mg)	2-4 mu IM.IV 4-6h Dose depends on type and severity of inf.
Co-amoxiclav	- Augmentin 600 mg, 1.2 g - Calamox 600 mg, 1.2 g	1.2 g IV 8h
Clindamycin	Dalacin C 300mg(2 ml), 600 mg(4ml)	300-900 mg IM/IV 8h
Ceftriaxone	- Rocephin 250 & 500 mg, 1g, 2g - Oxidil 250 & 500 mg, 1g - Inocef 250 & 500 mg, 1g	1-4 g daily IM/IV
Cefotaxime	- Cefotax 250 & 500 mg, 1g - Baxim 250 & 500 mg, 1g	1-2 g IV/IM 6-12 h
Ceftazidime	Fortum 250 & 500 mg, 1g	1-2 g IM/IV 8h
Amikacin	Grasil (2ml) 100, 250, 500 mg	7.5 mg/kg IV 12h
Gentamicin	Genticyn 20, 40 & 80 mg	5-7 mg/kg IV OD
Ciprofloxacin	- Novidat 200 mg - Mercip 200 mg - Veproxx 200 mg	200-400 mg IVI 12h
Levofloxacin	Leflox 500 mg	500 mg IV OD
Clarithromycin	Klaricid 500 mg	500 mg IV 12h
Metronidazole	- Flagyl 500 mg - Abozole 500 mg	500 mg IVI 8h

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Piperacillin + Tazobactam	- Tanzo 2.25 & 4.5g - Tazocin 4.5g	4.5 g IV 8h
Imipenem + Cilastatin	Tienam 500 mg	500 mg-1g IVI 6-8h
Meropenem	Meronem 500 mg. 1g	500mg-1g IVI 8h
Vancomycin	Vancomycin 500 mg. 1g	1g IVI 12h
Linezolid	- Ecasil 200, 600 mg - Nezkil 200, 600 mg	600 mg IVI 12h
Teicoplanin	Targocid 200, 400 mg	400 mg IV/IM 12 h for 3 doses, then 200 mg OD

ANTIHYPERTENSIVES(Tablet form)

ACE Inhibitors & ARBs :

Drug	Brands	Initial Dose	Maximum Dose
Lisinopril	- Zestril 5,10,20 mg - Ziscar 5,10,20 mg - Lispril 5,10,20 mg	5-10 mg OD	40 mg OD
Captopril	- Capoten 25, 50 mg - Capril 12.5,25,50 mg	25 mg BD	300 mg in 2 or 3 divided doses
Enalapril	- Renitec 5,10,20 mg - Cardace 5,10 mg - Cardiotec 5,10 mg	5 mg OD	40 mg in 1 or 2 doses
Losartan	- Xavor 50 mg - Eziday 25,50,100 mg	50 mg OD	100 mg in 1 or 2 doses
Valsartan	Valtec 40,80,160 mg	80 mg OD	320 mg OD
Telmisartan	Tasmi 20,40,80 mg	40 mg OD	80 mg OD
Lisinopril+ Hydrochlorothiazide	Zestoretic 20 (20/25 mg)	1 Tab. OD	2 Tabs. OD
Losartan + Hydrochlorothiazide	- Co-Eziday (50/12.5 mg) - Co-Eziday (100/25 mg) - Xavor DIU (50/12.5 mg) - Xavor DIU Forte (100/25mg)	1 Tab. OD	2 Tabs. OD

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Beta Blockers :

Atenolol	• Tenormin 25,50,100mg • Blokium 25,50,100mg	25 mg OD	200 mg OD
Metoprolol	• Mepressor 100 mg • Merol 25,100 mg	50 mg in 1 or 2 doses	200 mg in 1 or 2 doses
Propranolol	• Inderal 10, 40 mg	20 mg BD	320 mg in 2 doses

Calcium- Channel Blockers :

Amlodipine	• Sofvasc 5, 10 mg • Zodip 5 mg • Lodopin 2.5, 5,10 mg • Amodip 5,10 mg	2.5 mg OD	10 mg OD
Nifedipine	• Adalat CC 30, 60 mg	30 mg OD	120 mg OD
Verapamil	• Calan 40,80 mg • Calan SR 240 mg	40-80 mg TDS	480 mg
Diltiazam	• Herbesser 30,60 mg Tabs. • Herbesser SR 90, 180 mg Caps.	Tab. 30-60 mg TDS Cap. 90 mg BD	360 mg in 2 or 3 doses

Diuretics :

Hydrochlorothiazide	• Urozide 50 mg	12.5-25 mg OD	50 mg OD
Frusemide	• Lasix 20,40 mg	20 mg BD	320 mg in 2 or 3 doses
Spirolactone	• Aldactone-A 25,100 mg	12.5-25 mg OD	100 mg OD
Spirolactone+ Frusemide	• Spiromide 20 • Spiromide 40	1 Tab. BD	1 Tab. BD

Centrally Acting Alpha Antagonists :

Prazosin	Minipress 1,2 mg	1 mg hs	20 mg in 2 or 3 doses
Methyldopa	Aldomet 250 mg	250 mg BD	2000 mg in 2 doses

ENDOCRINE

Drug	Brands	Initial Dose	Maximum Dose
Metformin	- Tab. Glucophage 250,500,850 mg,1g - Tab. Neodipar 250,500,850 mg,1g	500 mg OD/BD	1g BD
Glimepiride	- Tab. Amaryl 1,2,3,4 mg - Tab. Evopride 1,2,3,4 mg - Tab. Getryl 1,2,3,4 mg	1 mg OD	8 mg OD
Gliclazide	- Tab. Diamicron 80 mg - Tab. Diamicron MR 30 & 60 mg	½ -1 Tab OD	4 Tabs. in 2 doses
Glibenclamide	- Tab. Daonil 5 mg - Tab. Euglucon 5 mg	2.5 mg OD	15 mg in divided doses
Pioglitazone	- Tab. Piozer 15,30,45 mg - Tab. Zolid 15,30,45 mg - Tab. Glitos 15,30,45 mg	15 mg OD	45 mg OD
Glimepiride + Metformin	- Tab. Evopride Plus 1/500, 2/500 mg - Tab. Getformin 1/500, 2/500 mg		
Pioglitazone + Metformin	- Tab. Piozer Plus 15/500, 15/850 mg - Tab. Zolid Plus 15/500, 15/850 mg - Tab. Glitos Plus 15/500, 15/850 mg		
Insulin Regular	- Insulin Regular - Insuget Regular - Dongsulin R	0.5-1 U/kg per day	

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Insulin 70/30	• Insulin 70/30 • Insuget 70/30 • Dongsulin 70/30	0.5-1 U/kg per day	
Insulin NPH	• Insulin NPH	0.5-1 U/kg per day	
Insulin Glargine	• Basagine	0.5-1 U/kg per day	
Thyroxine	• Tab. Thyroxine 50 µg	50 µg OD To be increased gradually	
Carbimazole	• Tab. Neomercazole 5 mg	20-60 mg in 2 or 3 doses Maint. Dose: 5-15 mg daily	
Propylthiouracil	• Tab. Procarbizole 50 mg	100-200 mg 6-8h	
Prednisolone	• Tab. Deltacortil 5 mg • Tab. Prednisolone 5mg	1 mg/kg/day in divided doses	
Hydrocortisone	• Inj. Solu-Cortef 100,250,500 mg	100-500 mg IV 8h	

GIT

Drug	Brands	Dose
Aluminium Hydroxide	- Syp. Mucaine - Syp. Dijex MP	2 TSF 3-4 times a day
Sucralfate	Syp. Ulsanic	2 TSF BD or 1 TSF QID
Ranitidine	- Tab. Zantac 150,300 mg - Inj. Zantac 50 mg/2ml - Tab. Peptinil 150 mg	150 mg BD or 300 mg OD
Cimetidine	- Tab. Ulcerex 400 mg - Inj. Ulcerex 200mg/2ml	200 mg BD
Omeprazole	- Cap. Risek 20,40 mg - Cap. Omega 20,40 mg - Cap. Teph 20 20 mg	20-40 mg OD
Esomeprazole	- Cap. Nexum 20,40 mg - Cap. Ezzo 20,40 mg - Tab. Ezium 20,40 mg	20-40 mg OD
Pantoprazole	- Tab. Zopent 40 mg - Tab. Protonol 40 mg	40 mg OD
Rabeprazole	- Tab. Erazo 20 mg - Tab. Pronto 20 mg	20 mg OD
Lansoprazole	Tab. Selanz-SR 30 mg	30 mg OD
Loperamide (Antidiarrheal)	Cap. Imodium 2mg	1-2 Cap. TDS
Sodium Picosulphate (Stimulant laxative)	- Skilax Tab. & Drops - Laxoberon Tab. & Syp.	1-2 Tab. Or 10-15 drops OD
Bisacodyl (Stimulant laxative)	Tab. Bisacodyl 5 mg	5-15 mg OD
Lactulose (Osmotic laxative)	- Syp. Duphalac - Syp. Lilac	15-30 ml 8h (in Hep. Enceph.)
Dimenhydrinate	- Tab. Gravinate 50 mg - Inj. Gravinate 50 mg IM, IV	50-100 mg 4-6h

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Domperidone	• Tab. Motilium 10 mg • Tab. Peridone 10 mg • Tab. Pelton-V	10-20 mg TDS
Metoclopramide	• Tab. Maxolon 10 mg • Inj. Maxolon 5mg/ml	10 mg TDS
Prochlorperazine	• Tab. Stemetil 5 mg • Inj. Stemetil 12.5 mg/ml	5-10 mg 3-4 times a day
Itopride (Prokinetic)	• Tab. Ganaton 50 mg	50 mg 8h
Drotaverine (Antispasmodic)	• Tab. No-spa 40 mg • Tab. No-spa Forte 80 mg • Inj. No-spa 40 mg/2ml SC, IM, IV	40-80 mg BD/TDS
Mebeverine (Antispasmodic)	• Tab. Mebever 135 mg • Tab. Zeespa 135 mg	135 mg TDS
Metopine (Appetite Stimulant)	• Syp. Trimetabol	1-2 TSF TDS

ANTI-HISTAMINES

Cetirizine	• Tab. Sedil 10 mg • Tab. Rigix 10 mg	5-10 mg OD
Levocetirizine	• Tab. Neo-Sedil 5 mg	5 mg OD
Loratidine	• Tab. Softin 10 mg • Tab. Antial 10 mg	10 mg OD
Fexofenadine	• Tab. Fexet 60,120,180 mg	60 mg BD 180 mg OD
Betahistine	• Tab. Serc 8,16 mg	8-16 mg TDS

CVS

Nitroglycerin	• Tab. Angised 0.5 mg • Tab. Angilingual 0.5 mg	1 Tab. Sublingually SOS
Isosorbide Mononitrate	• Tab. Monis 10,20,40 mg • Tab. Monis XR 60 mg • Tab. Elantin 20,40 mg	10-40 mg BD XR 60-120 mg OD
Isosorbide Dinitrate	• Tab. Isoket 10 mg	10-40 mg TDS
	• Inj. Isoket 10 mg/10 ml	2-10 mg/hr
Aspirin	• Tab. Loprin 75,150 mg • Tab. Ascard 75,150,300 mg	75-300 mg/day
Clopidogrel	• Tab. Lowplat 75 mg • Tab. Noclot 75 mg	75 mg OD
Aspirin + Clopidogrel	• Tab. Ascard plus (75/75) • Tab. Lowplat Plus (75/75)	1 Tab. OD
Atorvastatin	• Tab. Atorva 10,20 mg • Tab. Lipiget 10,20,40 mg • Tab. Survive 10,20,40 mg	10-80 mg OD
Simvastatin	• Tab. Simva 10,20 mg	5-80 mg OD
Rosuvastatin	• Tab. Rast 5,10,20 mg • Tab. Vaptor 5,10,20 mg	5-20 mg OD
Amiodarone	• Tab. Cordarone 100,200 mg	800–1600 mg/d for 7–21 days; maintain at 100–400 mg/d
	• Inj. Cordarone 150 mg	150–300 mg rapid infusion followed by 1-mg/min infusion for 6 h and then 0.5 mg/min
Digoxin	• Tab. Lanoxin 0.25 mg	0.25 mg 6hfor 1 day Then 0.125-0.25 mg OD
	• Inj. Lanoxin 0.5 mg/2ml	0.5 mg over 20 min. then 0.125-0.25 mg in intervals, to a maximum of 1.5 mg in 24 h

RESPIRATORY SYSTEM

Salbutamol	• Aerolin Evohaler 100 mcg (100 mcg/puff) • Salbo Inhaler (100 mcg/puff)	2 puffs 4-6h
	• Salbo Nebulizer Soln.	2.5-5 mg 4-6h
Ipratropium	• Atem Inhaler 20 mcg • Optra Inhaler 20 mcg	2 puffs 6h
	• Atem Nebulizer Soln. • Optra Nebulizer Soln.	0.25 mg 6h
Salmeterol	• Seretide Inhaler 25 mcg	1-2 puffs 12h
Beclomethasone	• Bekson Inhaler 50 mcg • Bekson Forte Inhaler 250 mcg	2 puff 12h
Salbutamol + Beclomethasone	• Ventide Inhaler (100+50)	2 puff 12h
Salmeterol + Fluticasone	• Salmicort Inhaler 25/50, 25/125, 25/250 mcg	2 puffs 12h
Montelukast	• Montiget 5,10 mg • Montika 5,10 mg	10 mg HS
Theophylline	• Theograd 350 mg	½ Tab. TDS

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CNS

Sodium Valproate	• Tab. Epival 250,500 mg • Inj. Epival 500 mg	750-2000 mg in 2-4 divided doses
Carbamazepine	• Tab. Tegral 200 mg • Tab. Seizunil 200,400 mg	600-1800 mg in 2-4 divided doses
Phenytoin	• Tab. Epilantin 100 mg • Inj. Epigran 250 mg	300-400 mg in 1-2 divided doses
Phenobarbitone	• Tab. Phenobarbitone 30 mg	60-180 mg OD
Topiramate	• Tab. Topamax 25,50 mg	200-400 mg in 2 divided doses
Levetiracetam	• Tab. Lerace 250,500,750 mg	1000-3000 mg in 1-2 divided doses
Clonazepam	• Tab. Rivotril 0.5,2 mg	1-12 in 1-3 divided doses
Carbidopa + Levodopa	• Tab. Sinemet 275 mg	1 Tab. TDS Max. 8 tabs/day
Procyclidine	• Tab. Kemadrin 5 mg	7.5-30 mg in 3 divided doses
Amantadine	• Tab. Pk-Merz 100 mg	100 mg BD
Flunarizine	• Cap. Sibelium 5 mg	5 mg BD
Sumatriptan	• Tab. Imigran 50,100 mg	50 mg 8h
Alprazolam	• Tab. Xanax 0.25,0.5,1 mg • Tab. Alp 0.25,0.5,1 mg • Tab. Azolam 0.25,0.5,1 mg	0.25-0.5 mg OD-TDS Max. 4 mg/day
Bromazepam	• Tab. Lexotanil 3 mg • Tab. Lexilium 3 mg • Tab. Relaxin 3 mg	1.5-3 mg BD-TDS
Escitalopram	• Tab. Citanew 5,10,20 mg	5-20 mg OD
Amitriptyline	• Tab. Tryptanol 25 mg	50-100 mg OD

VITAMINS, MINERALS & IRON

Vitamin B1 (Thiamine)	• Tab. Nevramin 100 mg • Inj. Nevramin 100 mg/ml IM	100-300 mg OD
Vitamin B6 (Pyridoxine)	• Tab. Vita 6 • Tab. V-Six 50 mg	Depends on indication.
Vitamin B12 (Cyanocobalamin)	• Inj. Cytamen 1000 mcg • Inj. Cyanocobalamin 250,500,1000 mg	B12 Def. Anemia: 1000 mcg IM on alternate days for 2 weeks, then 1000 mcg every month for life
Vitamin B12 (Mecobalamin)	• Tab. Neuromet 500 mcg • Tab. Methycobal 500 mcg	1 Tab. TDS
	• Inj. Neuromet 500 mcg/ml • Inj. Methycobal 500 mcg/ml	Depends on indication
Vitamin B Complex	• Tab. & Inj. Bevidox • Tab. & Inj. Neurobion	1 OD
Multivitamins+ Minerals	• Tab. Theragran-M • Tab. Surbex-Z • Tab. Optilets-M • Cap. Multibionta-M	1 Tab/Cap OD
Ferrous Sulphate	• Tab. Ferrous Sulphate 200 mg	1 Tab. 1-3 times a day
Folic Acid	• Tab. Folic Acid 5 mg	0.5-5 mg OD
Ferrous Sulphate + Folic Acid	• Cap. Fefol (200/0.5 mg)	1 OD
Ferrous Sulphate + Folic Acid + Vit. B Complex + Vit. C	• Cap. Fefol Vit • Iberet Folic	1 OD
Calcium	• Tab. CAC-1000	1 OD
Calcium+ Vit. D3	• Tab. CAC-1000 Plus	1 OD
Alfacalcidol (Vitamin D3 analog)	• Tab. Bon-One 0.5 mcg	Initial: 1 mcg OD Maintenance 0.25-2 mcg OD
Calcium Carbonate	• Qalsan	1 Tab. OD can be increased.