



# **PREGNANCY STAGES**



- Start of the first trimester.
- Ovulation and conception
- During week 4 some home pregnancy tests will detect that you have conceived.
- The embryo is just two cells.

Month 1



- Signs of Pregnancy: Extreme fatigue, frequent urination, morning sickness, and hormonal fluctuations.
- The baby's heart is beating.
- The baby's brain is formed.



Month 2



- Embryo officially becomes a fetus.
- Decreased morning sickness.
- Fetus is about the size of a plum.



Month 3

- Start of the second trimester.
- The baby's bones are hardening and will now show up on an x-ray.
- The baby is about 5 inches long and weighs about 5 ounces.



**Month 4**



- You begin to feel the baby start to kick.
- The baby's hearing starts developing.
- Common discomforts during this month: backaches, indigestion, heartburn, headaches, water retention, dizziness, constipation,



Month 5

- This month marks the halfway mark in your pregnancy.
- At the end of this month the baby is almost fully formed.



Month 6



- Possible occurrences of Braxton Hicks contractions.
- The baby's brain is beginning to process sights and sounds.
- The baby is about 13 inches long.



**Month 7**