

# ***Mental Disorders***

What are the types of mental disorders and how do they affect society?

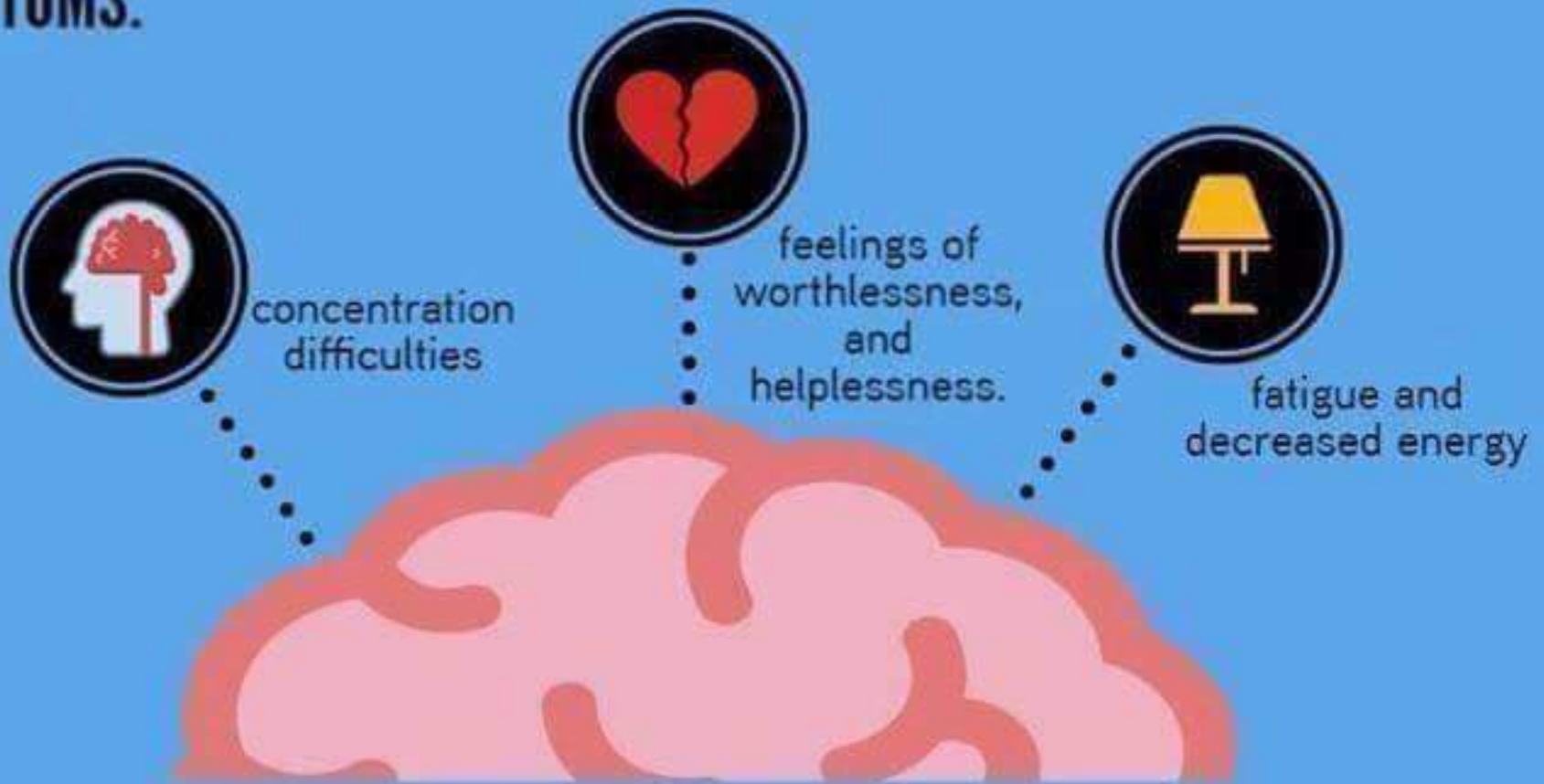
# DEPRESSION

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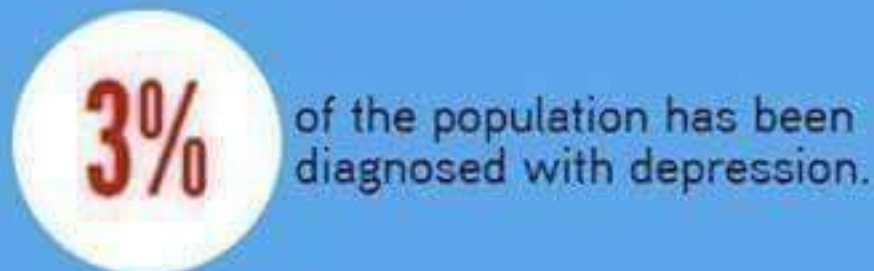
## WHAT CAUSES IT?

Like anxiety, a family history of depression may increase the risk. In addition, physical/emotional abuse, certain medications (e.g. Accutane), traumatic life events, substance abuse and social isolation can make someone more vulnerable to clinical depression.

## SYMPTOMS:



## HOW COMMON IS IT?



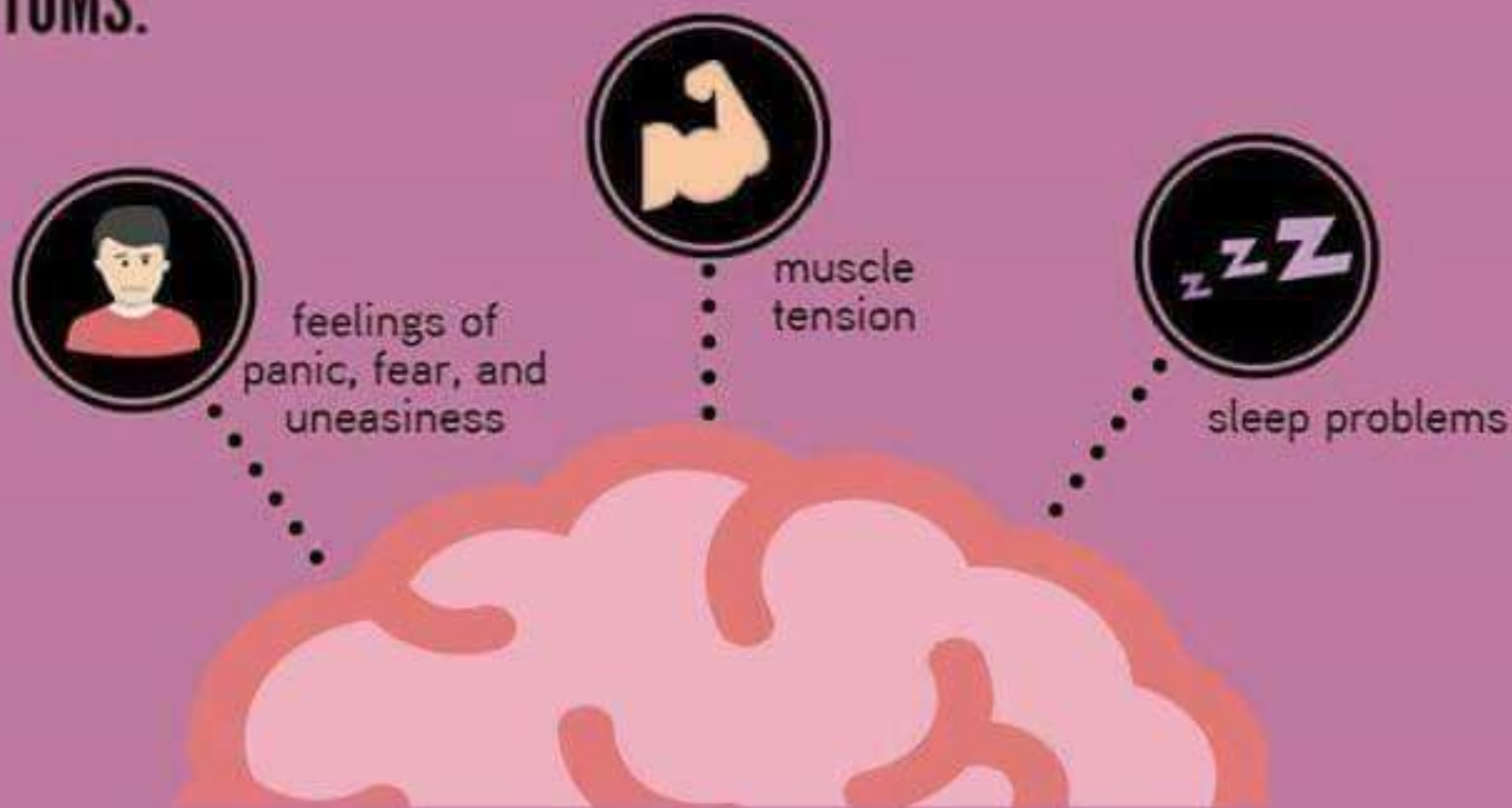


# ANXIETY

## WHAT CAUSES IT?

People who have an anxiety disorder tend to have a history of mental health problems in their family. However life circumstances are also likely to have an important influence; stressful events (e.g. the death of a loved one), physical health problems and heavy substance abuse can cause symptoms of anxiety.

## SYMPTOMS:



## HOW COMMON IS IT?

**5%**

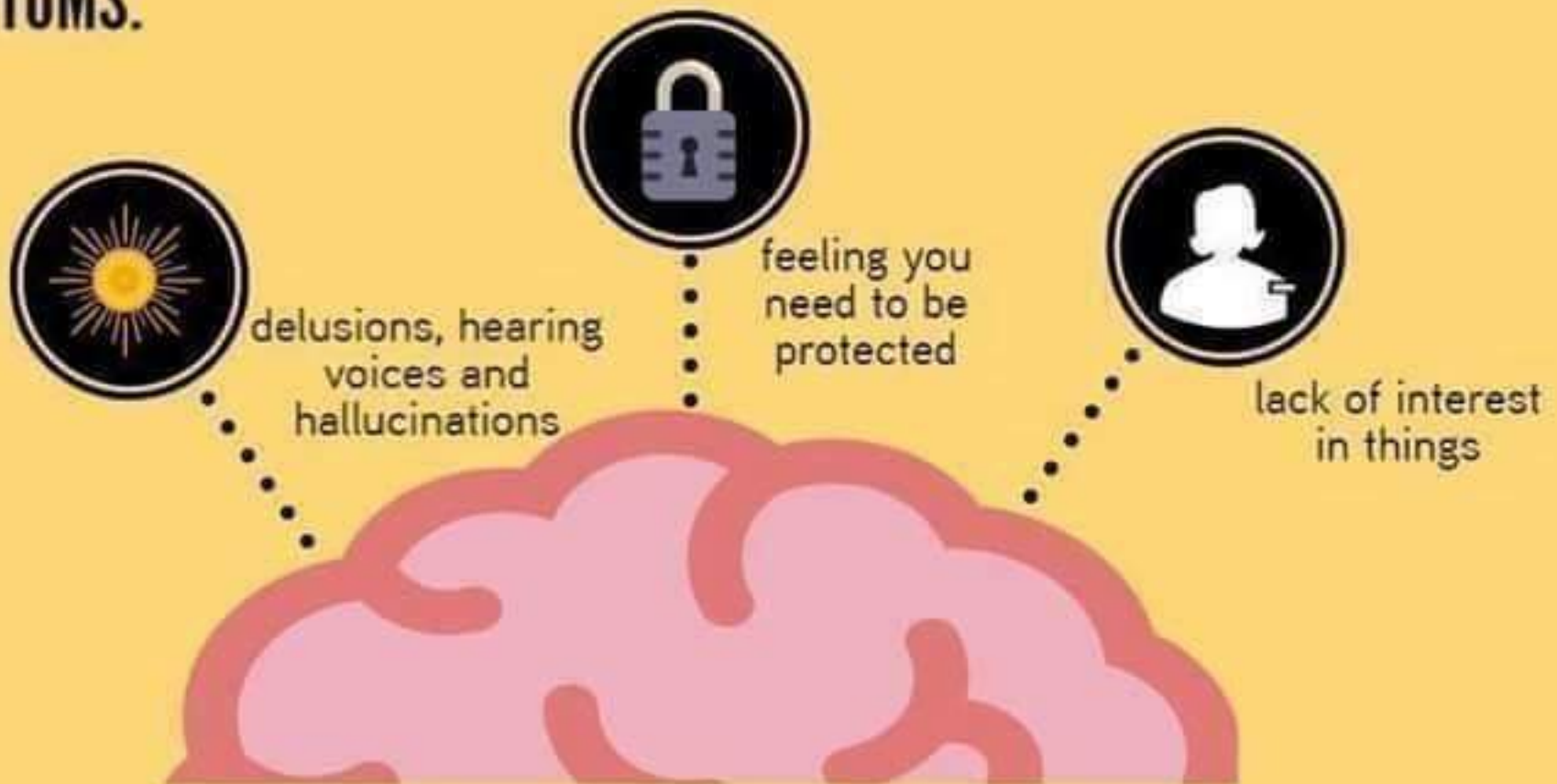
of the population has an anxiety disorder, and a further 10% with mixed anxiety and depression.

# SCHIZOPHRENIA

## WHAT CAUSES IT?

The causes of schizophrenia, like all mental disorders, are not completely understood or known at this time. There is evidence that too much dopamine may be involved in the development of schizophrenia. Additionally, stressful life events, street drug use, genetics and brain injury may also be involved.

## SYMPTOMS:



## HOW COMMON IS IT?

1%

of the population has been diagnosed with schizophrenia.



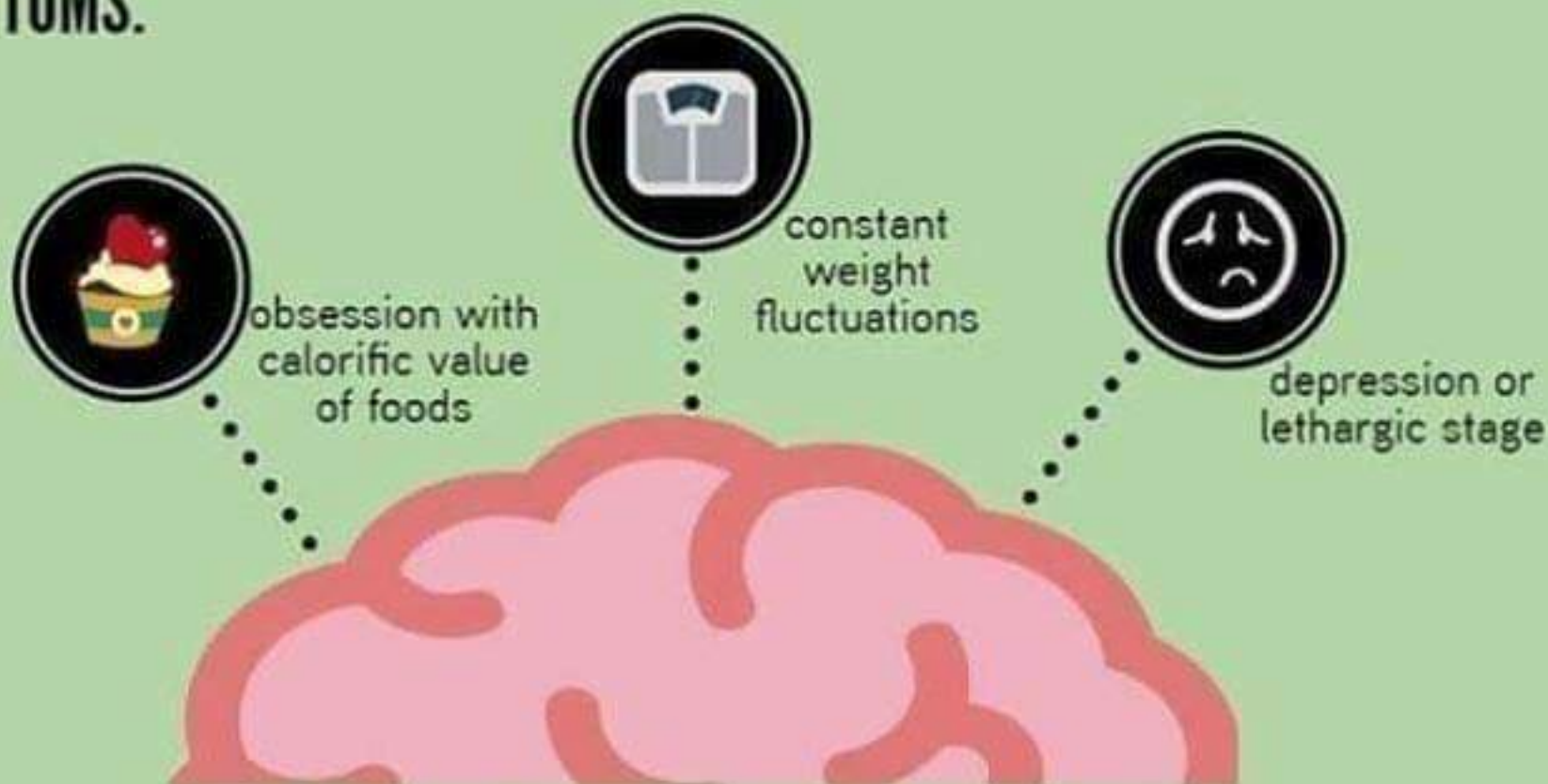
# EATING DISORDERS

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## WHAT CAUSES IT?

Eating Disorders are complex disorders, influenced by a facet of factors. It is generally believed that a combination of biological, psychological, and environmental abnormalities contribute to its development. These include irregular hormone functions, poor self esteem, cultural pressure, and childhood traumas.

## SYMPTOMS:



## HOW COMMON IS IT?

**2%**

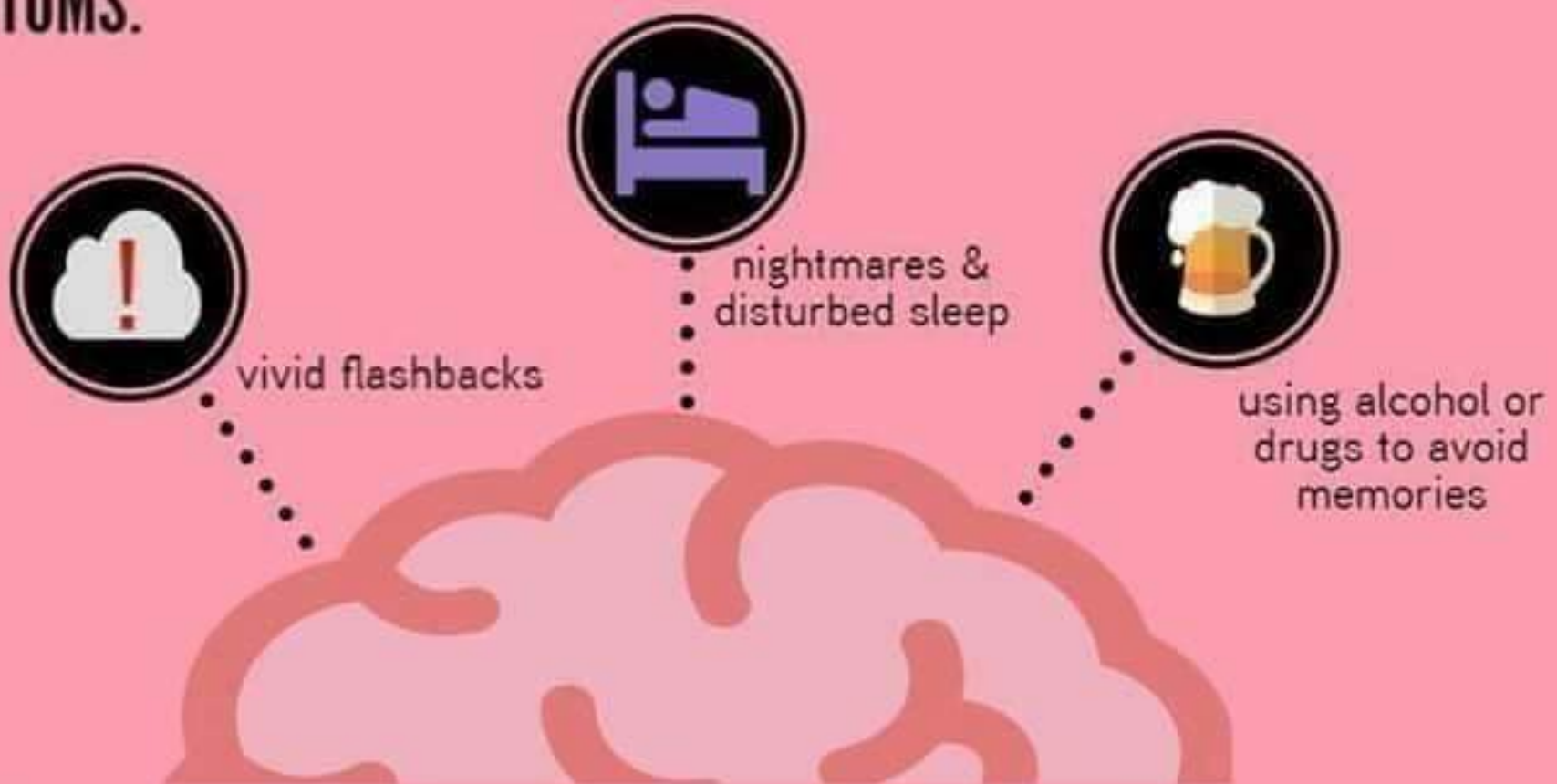
of the population has been diagnosed with an eating disorder.

# PTSD

## WHAT CAUSES IT?

PTSD is an anxiety disorder. People with Post-Traumatic Stress Disorder have persistent symptoms that occur after experiencing a traumatic event such as war, rape, child abuse, natural disasters, or being taken hostage.

## SYMPTOMS:



## HOW COMMON IS IT?

**3%**

of the population has been diagnosed with post-traumatic stress disorder.