DEFINITION

Leukemia are a group of neoplastic disorders affecting mainly the leukopoietic tissues in the body and characterized by the presence of leukocytosis, immature leukocytes in the peripheral blood and proliferation of these immature cells in the bone marrow resulting in the suppression of normal tissue. The abnormal cells infiltrate several organs in the body.

-K.V Krishna Das, Mathew Thomas

Leukemia

- A group of malignant disorders affecting the blood and bloodforming tissues of
 - Bone marrow
 - Lymph system
 - Spleen
- Occurs in all age groups



- Leukemia is a malignant disease characterized by unregulated proliferation of one cell type
- It may involve any of the cell lines or a stem cell common to several cell lines.



TYPES

Acute Leukemia:

- Affect younger age group frequently
- Rapid course and the peripheral blood and bone marrow show the presence of large number of blast cells.
- If left untreated, these are fatal within weeks/ months

Chronic Leukemia:

- Generally affect older people
- onset is insidious
- usually less aggressive
- the cells involved are usually more mature cells
- Terminate life within 2-3 yrs of onset.

Types....

Both acute and chronic leukemias are further classified according to the prominent cell line involved in the expansion:

- If the prominent cell line is of the myeloid series it is a myelocytic leukemia (sometimes also called granulocytic)
- If the prominent cell line is of the lymphoid series it is a lymphocytic leukemia
- Therefore, there are four basic types of leukemia
 - Acute myelocytic leukemia AML- (includes myeloblastic, promyelocytic, monocytic, myelomonocytic, erythrocytic, and megakaryocytic)
 - Acute lymphocytic leukemia ALL- (includes T cell, B cell, and Null cell)
 - Chronic myelocytic leukemia CML (includes myelocytic and myelomonocytic)
 - Chronic lymphocytic leukemia CLL (includes plasmocytic {multiple myeloma}, Hairy cell, prolymphocytic, large granular cell lymphocytic, Sezary's syndrome, and circulating lymphoma)

Etiology

- Genetic
- Radiation
- Toxic chemical exposure



- Medication (Alkylating-agents, Topoisomerase-II inibitors, Chloramphenicol, Phenylbutazone, Chloroquine)
- Primary immunodeficiency and infection
- malignancies

NORMAL HEMATOPOIESIS



NORMAL HEMATOPOIESIS

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PATHOPHYSIOLOGY

00212220



Acute leukemia -

- Is a result of:
 - Malignant transformation of a stem cell leading to unregulated proliferation and
 - Arrest in maturation at the primitive blast stage. Remember that

 a blast is the most immature cell that can be recognized as
 committed to a particular cell line.
- Clinical features
 - Leukemic proliferation, accumulation, and invasion of normal tissues, including the liver, spleen, lymph nodes, central nervous system, and skin, cause lesions ranging from rashes to tumors.
 - A humoral mediator from the leukemic cells may inhibit proliferation of normal cells.
- Failure of the bone marrow and normal hematopoiesis may result in pancytopenia with death from hemorrhaging and infections.

Difference between acute and

chronic leukemia

	Acute leokemia	Chronic leukemia
Age	More in first and second decades but can occur in all age groups	Mostly in the 4 th , 5 th and 6 th decades but even young children may be affected rarely
Sex ratio	M:F-23	13
Duration of symptoms	Weeks to months	Several months to one year
Presenting complaints	Anemia, fever, infections, hemorrhagic tendencies or complications, especially neurological	Vague symptoms, loss of weight, mass in abdomen, or lymph nodular masses
Organomegaly	Liver, spleen, lymph nodes are moderately enlarged in 70-80% of cases	Moderate to gross splenomegaly is the rule in CML. Moderate to gross lymphadenopathy in CLL
Blood picture	WBC is moderately elevated (15-30010°/L), Blast cells form 10-90% of total. Platelets are often reduced.	Elevated WBC(15-25810 ¹⁰ /L)
Bone marrow	Showa depression of erythroid cells, myeloid cellsand megakaryocytes and infiltration by the abnormal cells. Blast cells form more than 30% and may be even up to 90%	
Chromosomal studies	Different pattern for different subtypes	Ph chromosome present in 95% of cases
Course and prognosis	Untreated- fatal within weeks to 6 months due to infections, hemorrhage, anemia and other complications	Untreated- median survival of CML is 18-24 months.CLL has more prolonged survival
Response to treatment	Spontaneous remissions have rarely been reported. With modern treatments, over proportion of 90% of cases go into remission and 60-70% get complete cure.	

Common symptoms of Leukemia

Systemic

- Weight loss
- Fever
- Frequent infections

Lungs -

 Easy shortness of breath

Muscular — - Weakness

Bones or joints – - Pain or tenderness - Psychological

- Fatigue
- Loss of appetite
- Lymph nodes - Swelling
 - Spleen and/or liver
 Enlargement
 - -Skin
 - Night sweats
 - Easy bleeding and bruising
 - Purplish patches
 - or spots

DIAGNOSIS OF LEUKEMIA

- History and physical examination
- Clinical features
- Blood Examination(work up)
- Peripheral blood examination
- Chest X ray
- Bone marrow studies: BM biopsy, imprint and aspiration.
- Flow cytometry
- Cytological differentiation and immunophenotyping: FISH, RTPCR, chromosome analysis



Photo credit Milliaria Droiu, MDDr. Jude Dhisteer's Research Hospitel

TREATMENT

- Goal is to attain remission (when there is no longer evidence of cancer cells in the body)
- Chemotherapeutic treatment
 - Induction therapy
 - Attempt to induce or bring remission
 - Seeks to destroy leukemic cells in the tissues, peripheral blood, bone marrow
 - Patient may become critically ill
 - Provide psychological support as well
 - Intensification therapy
 - High-dose therapy
 - May be given after induction therapy
 - Same drugs at higher doses and/or other drugs

TREATMENT.....

- Chemotherapeutic treatment (cont.)
 - Consolidation therapy
 - Started after remission is achieved
 - Purpose is to eliminate remaining leukemic cells that may not be evident
 - Maintenance therapy
 - Lower doses of the same drug



Leukemia

Chemotherapy Regimens

- Combination chemotherapy
 - Mainstay treatment
 - 3 purposes
 - ↓ drug resistance
 - ↓ drug toxicity to the patient by using multiple drugs with varying toxicities
 - Interrupt cell growth at multiple points in the cell cycle

Leukemia - Bone Marrow and Stem Cell Transplantation

- Goal
 - Totally eliminate leukemic cells from the body using combinations of chemotherapy with or without total body irradiation





88 BONEMARROW

Allogeneic Transplant Process



LYMPHOID MALIGNANCIES

ACUTE LYMPHOBLASTC LEUKEMIA (ALL)

Most common in children
Arises from lymphoid tissue
About 75% are null cell type,
20-25% are T cell type and
few are B cell type.
Bimodal distribution
Male:female= 2:1



ETIOLOGY

- Uncertain, but several proposed linkages:
 Genetic Philadelphia chromosome
 - · Viral infection (EBV, HIV)
 - Exposure to high energy radiation (T-cell ALL)
 - Toxic chemical exposure
 - Smoking

CLASSIFICATION

Immunologic	% of Cases	FAB	Cytogenetic
Subtype		Subtype	Abnormalities
Pre-B ALL	75	L1, L2	t(9;22), t(4;11), t(1;19)
T cell ALL	20	L1, L2	14q11 or 7q34
B cell ALL	5	L3	t(8;14), t(8;22), t(2;8)

Acute leukemias- L1

- L1 This is the most common form found in children and it has the best prognosis.
 - The cell size is small with fine or clumped homogenous nuclear chromatin and absent or indistinct nucleoli.
 - The nuclear shape is regular, occasionally clefting or indented.
 - The cytoplasm is scant, with slight to moderate basophilia and variable vacuoles.





Acute leukemias- L2

- L2 This is the most frequent ALL found in adults.
 - The cell size is large and heterogenous with variable nuclear chromatin and prominent nucleoli.
 - The nucleus is irregular, clefting and indented.
 - The cytoplasm is variable and often moderate to abundant with variable basophilia and variable vacuoles.







Acute Lymphoblastic Leukemia (FAB Type ALL-L2)



Acute leukemias-L3 (BURKITT'S LEUKEMIA)

- L3 This is the rarest form of ALL.
 - The cell size is large, with fine, homogenous nuclear chromatin containing prominent nucleoli.
 - The nucleus is regular oval to round.
 - The cytoplasm is moderately abundant and is deeply basophilic and vacuolated.







Acute Lymphoblastic Leukamia FAB Type ALL- L3



ALL

- ALL may also be classified on the basis of immunologic markers into:
 - Early pre-B ALL
 - Pre-B ALL
 - B ALL
 - T ALL
 - Null or unclassified ALL (U ALL) lack B or T markers and may be the committed lymphoid stem cell)

B cell maturation



Y Mature B + surface immunoplatulin

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T cell maturation

CONTRACTOR



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CLINICAL FEATURES

- Bone Marrow Depression (Anemia, neutropenia, thrombocytopenia)
- Fever
- head ache and pappiledema
- Pallor
- Lymphadenopathy
- Bleeding tendencies



CLINICAL FEATURES.....

- Malaise, fatigue
- Bony pain
- Anorexia.
- Moderate lymphadenopathy
- Mild spleenomegaly
- Bone involvement
- Neurological involvement.
- Arthralgia, arthritis
- Ophthalmic involvement



DIAGNOSTIC MEASURES

- Complete Blood Count
- Peripheral Smear.
- Bone Marrow
- BM biopsy
- Cytogenetic analysis and flow cytometry
- CSF analysis

ACUTE LYMPHOCYTIC LEUKEMIA



Hematological Findings:

- Anemia (normochromic, normocytic)
- WBC < 5,000 (or > 25,000)
- Leukocytosis (median = 15,000)
- Thrombocytopenia (< 50,000)

ALL Histology


ALL Histology



 ALL – in contrast to the myeloblast, the lymphoblast is a small blast with scant cytoplasm, dense chromatin, indistinct nucleoli, and no auer rods



- Cytochemistry help to classify the lineage of a leukemic cell (myeloid versus lymphoid)
 - Myeloperoxidase is found in the primary granules of granulocytic cells starting at the late blast stage. Monocytes may be weakly positive.



Sudan black

 Sudan black stains phospholipids, neutral fats and sterols found in primary and secondary granules of granulocytic cells and to a lesser extent in monocytic lysosomes. Rare positives occur in lymphoid cells



Sudan black

 Sudan black stains phospholipids, neutral fats and sterols found in primary and secondary granules of granulocytic cells and to a lesser extent in monocytic lysosomes. Rare positives occur in lymphoid cells



Acid phosphatase

 Acid phosphatase may be found in myeloblasts and lymphoblasts. T lymphocytes have a high level of acid phosphatase and this can be used to help make a diagnosis of acute T-lymphocytic leukemia.



Leukocyte Alkaline phosphatase

 Leukocyte alkaline phosphatase – is located in the secondary granules of segmented neutrophils, bands and metamyelocytes. The LAP score is determined by counting 100 mature neutrophils and bands. Each cell is graded from 0 to 5. The total LAP score is calculated by adding up the scores for each cell.



Leukocyte alkaline phosphatase

	DSPHATASE - Criteria f	lismel rolls	- Checking
0	Negative	80% neutrophilic granulocytes	No reaction.
1	Little positive	18% neutrophilic granulocytes	Single to few granules.
2			Many granules localized.
3	Grand positive	1% neutrophilic granulocytes	Granules diffuse distributed.
4			Cell complete with granules overcast.
6			Maximum number of granules nucleus frequently no longer visible.

Immunologic markers (immunophenotyping) – these are used mainly for lymphocytes, i.e., for determining B cell or T cell lineage. These tests rely on antibodies made against specific surface markers.

- They constitute what we would call the primary antibody and in an indirect assay they are allowed to react with the cells and unbound antibody is then washed away.
- Fluorescently labeled antibody (secondary antibody) against the primary antibody is added and allowed to react and then unbound secondary antibody is washed away.
- The cells are then sent through a flow cytometer that will determine the number of cells that have a fluorescent tag and which are thus positive for the presence of the surface marker to which the primary antibody was made.
- In a direct assay, the primary antibody is fluorescently labeled.

Flow cytometer



FIGURE 23-1 Flow chamber. The sample fluid, containing a suspension of single cells, is injected into a stream of sheath fluid. The stream is narrowed and directed through the laser beam (hydrodynamic focusing).

antibody

cell

Table 1 : Flow cytometry and common CD markers

All lymphoid cells :	CD45+(LCA)
Myeloid cells :	Anti-MPO, CD13, CD33, CD14, CD117
Megakaryocytic marker :	CD41, CD42, CD61
B-cells :	cCD22, CD22,, CD19, CD20, FMC7, CD23, CD79a, CD79b, CD10, Smlg, IgM
T-cells :	cCD3, CD3, CD2, CD5, CD7, CD4 or CD8, TCR-a/b, TCR-g/d
NK cells :	CD16, CD56,, CD57
Plasma cells :	CD38, CD138, kappa and lambda light chains
Blasts :	CD34, TdT
Others :	HLA-DR, cyclin D1, CD55, CD59, glycophorin A

Immunophenotype Panel:	Test Code:	Markers Performed:	
Mature Leukemia/Lymphoma, Probably B-cell	RCELL	CD3, 5, 10, 11c, 19, 20, 23, 38, 45, Kappa & Lambda	
Mature Leukemia/Lymphoma, Probably T-cell	TCELL	CD2, 3, 4, 5, 7, 8, 16+56, 25, 26, 45, 56 8 57	
B Cell Clonality Only	SHORTBCELL	CD5, 19, 23, 45, Keppe & Lembda	
Acute Lymphoblastic or Myeloid Leukemia	ACUTE	CD2, 3, 5, 7, 10, 11b, 13, 14, 15, 16, 19, 20, 33, 34, 45, 56, 61, 117, 235a & HLA-Dr	
Plasma Cell/Myeloma	MYELOMA	CD19, 56, 45, 38, cytoKappa & cytoLambda	
Hairy Cell Leukemia	HAIRYCELL	CD3, 5, 10, 11c, 19, 20, 22, 23, 25, 38, 45, 103, Kappa & Lambda	
Sezary Staging	SEZ	CD3, 4, 7, 8, 26 & 45	
Acute Leukemia in cerebrospinal fluid	ACUTECSF	CD19, 13+33, 34, 45, cytoTdT & cytoCD3	
Fluid T Cell Subsets (Bronchoalveolar or other non-blood fluids)	BAL348	CD3, 4, 8, 45	

interesting the second



Source: Fauci AS, Kasper DL, Braunwald E, Hauser SL, Longo DL, Jameson JL, Loscalso J: Mamison's Principles of Internal Medicine, 17th Edition: http://www.accessmedione.com

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Terminal deoyxtidyl transferase

- This is a unique DNA polymerase present in stem cells and in precursor B and T lymphoid cells.
- High levels are found in 90% of lymphoblastic leukemias.
- It can also be detected using appropriate antibodies and flow cytometry.

Cytogenetics

- cytogenetics studies can now be used for diagnosis and for prognosis of hematologic malignancies.
 - Many leukemias (and lymphomas) are characterized by specific chromosomal abnormalities, including specific translocations and aneuploidy. The specific type of malignancy can be identified based on the specific abnormality or translocation. These may be identified by
 - Looking at the karyotypes of the chromsomes from the abnormal cells
 - DNA based tests these tests are very useful for following the course of the disease
 - RT-PCR
 - Southern blotting
 - A normal karyotype is usually associated with a better prognosis.

Chromosomal translocation

Translocation, balanced ex: t(7;8)(q32;q23)



Chromosome karyotyping



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18

TREATMENT

Chemotherapy

0000000

- Bone Marrow Transplantation
- Radiation therapy

ALL Treatment:

- Two phases of treatment
 - induction
 - post-remission
- Initial goal is to quickly induce complete remission.
- Combination chemotherapy
- Continued low-dose post-remission therapy must be used to ensure prolonged survival.
 Otherwise recurrence rates can be as high as 90%

After Induction Chemotherapy:

Bone marrow biopsy is obtained

• If >5% of blasts with >20% cellularity, then retreatment necessary.

Stem cell transplant may be necessary if retreatment fails.

Post-remission Treatment:

- Stem cell transplant
- CNS prophylaxis (for ALL)
- Radiation therapy (for ALL)
- Prolonged low-dose chemotherapy for 1-3 years

Continued Supporative Care:

- Transfusions....
 - Platelets >20,000
 - Hgb >8
- Empiric antibiotic treatment when fever present
- Allopurinol for increased uric acid levels

POOR PROGNOSTIC FACTORS

- Age<1 and >20yrs (higher age >50yrs)
- Males
- Presence of mediastinal mass on X ray
- Presence of organomegaly
- Lab results: TC> 50000/cumm in B cell ALL and >100000/cumm in T cell ALL
- Immunophenotype: Blasts are T phenotype and presence of Ph chromosome
- Cytogenetic abnormalities: t(9;22), BCR/ABL or 11q23 abnormalities
- Treatment response: late achievement of cure rate, multi drug resistance, presesnse of blast cells in BM at 14 day.

NEUROLEUKEMIA

- It occurs in 50% of ALL and 10-12% of AML cases, if neuroprophylaxis is not given along with initial therapy.
- Pathological lesions include infiltration by leukemic cells, hemorrhage, and demyelination.
- Symptoms:
 - raised ICP
 - pappiledema
 - stupor, comma
 - focal neurological symptoms like convulsions of
 - cranial nerve palsies
 - spinal cord or spinal root compression
 - intracranial hemorrhage.
 - Hyper viscosity syndrome



TREATMENT

- Neuroprophylaxis:
 - IT MTx :10-12mg/m² twice a week for 6 doses. A single dose should not exceed 15mg
 - IT cytosine arabinoside 50mg twice a week for 6 doses
- CNS involvement should be diagnosed when the CSF count > 5/cumm with or without the presence of blast cells.
- Treatment:
 - Cranial or craniospinal irradiation combined with IT MTx/ cytosine





TESTICULAR LEUKEMIA

- The testes may be enlarged, firm and tender, or involvement may be clinically inapparent.
- Testicular involvement may leads to relapse.
- Treatment is by irradiation with 1000-2000 rads over a period of 2-10 days.
- Higher incidence of sterility limits its routine application



Normal Testicular Tissue



TUMOR LYSIS SYNDROME



CHRONIC LYMPHOCYTIC

LEUKEMIA

Genetic change in B-cell clone
Slow proliferation exceeds apoptosis
<u>Gradual</u> accumulation of neoplastic B-lymphocytes – blood, marrow, nodes, spleen





CLASSIFICATION

Stagin g system	Stage	Modified three stage system	Clinical findings	Media n surviva l (years)
Rai Binet	0	Low risk	Lymphocytes in blood and marrow only	>10
	1	Intermediate risk	Lymphocytosis+ lymphadenopathy+splenomegaly±he patomegaly	7
	п	High risk	Lymphocytosis+ anaemia and / or thrombocytopenia	
	ш			1.5
	IV			
	A		<3 node bearing areas	>10
	В		≥3 node bearing areas	5
	С		anaemia and / or thrombocytopenia	2

PATHOPHYSIOLOGY

Philadelphia chromosome (9:22) in up to 95%

BCR-ABL protein junction



CLINICAL MANIFESTATIONS

- Asymptomatic lymphocytosis
- Marrow failure
- Lymphadenopathy
- Hepatosplenomegaly
- 'B-symptoms'
- Immunodeficiency



<u>Hematological</u> <u>Findings:</u>

- Increased number of lymphocytes on smear -smudge cells
- B-cells with CD 19 and CD 5 on flow cytometry
- Small lymphocitic lymphoma present in histology of nodal biopsy

B-Cell Differentiation Identified by Surface Cluster of Differentiation (CD) Molecules



CLL Histology



CLL Histology

Lymphocytes

Smudge Cell



DIAGNOSIS

- Peripheral blood lymphocytosis: an absolute lymphocyte count > 5000/cumm, with cells that appears morphologically mature.
- Immunophenotype of blood lymphocytes that coexpress B cell antigens CD19, 20 and 23, as well as T cell antigen CD5; monoclonal expression of either kappa or lambda light chain; and low density surface immunoglobulin secretion
- BM examination is not a requirement when both of the above criteria are met, but it is useful for prognostic information. Lymphoid cells must constitute more than 30% of cells
- The peripheral blood is sent for flow cytometry to assess immunophenotype of cells

Increase in blood lymphocyte count

- Demonstrate presence of a B-lymphocyte clone of appropriate immunophenotype
 - Surface marker analysis 'flow cytometry'



Increase in blood lymphocyte count

- Demonstrate presence of a B-lymphocyte clone of appropriate immunophenotype
 - Surface marker analysis 'flow cytometry'



MEDICAL MANAGEMENT

- Single agent chemotherapy: chlorambucil, 6-14mg, PO every 2-4 weeks. PDN increases response rate
- Nucleoside analogue: Fludarabine
- Combination chemotherapy: fludarabine+ cychlophosphamide, fludarabine+ rituxan
- Monoclonal antibody: rituxan+ alemtuzumab
- Stem cell transplantation



PROGNOSTIC FACTORS

- Age and sex: increased age, poor prognosis. Female survive more than males
- Lymphocyte doubling time: LDT is the rate at which the lymphocyte count increases, correlate with survival. LDT > 12 months, better outcome
- Beta 2 microglobulin: a low level indicates good survival
- Cytogenetics: most unfavorable abnormality is del 17p and is associated with refractory to fludarabine