

Penicillins

Penicillins are **beta-lactam antibiotics** that inhibit the formation of peptidoglycan cross-links — links that are necessary for the integrity and viability of the bacteria.

10% of people report an allergy to penicillin, though 90% of this group are not allergic at all — the figure is thought to be 0.03%.

Natural	β -Lactamase Resistant	Amino-	Carboxy-	Ureido-
Penicillin G*	Methicillin Nafcillin	Ampicillin	Carbenicillin	Mezlocillin
Penicillin V**	Oxacillin Cloxacillin Dicloxacillin Flucloxacillin	Amoxicillin	Ticarcillin	Piperacillin

General Points

Pen G. and Pen V. are active against many gram positives, but a limited range of gram negative bacteria.

(Piv)**mecillinam** is only active against gram-negatives, primarily used in the treatment of UTIs.

Aminopenicillins are extended spectrum, but less effective than Pen G. against gram-positive cocci.

Clavulanic acid has no antibacterial activity, but is a potent inhibitor of beta-lactamase.

Adverse Effects

Nausea, Vomiting
Hypersensitivity Reactions
Neutropenia/Eosinophilia
Clostridium difficile colitis
Cholestatic jaundice

* Benzylpenicillin ** Phenoxymethyl Penicillin

Lincosamides

Lincosamides are a class of antibiotics that work by interfering with protein synthesis, specifically by binding to the 23s portion of the 50s subunit of bacterial ribosomes.

The first discovered lincosamide — **lincomycin** — was isolated from the *Streptomyces lincolnensis* strain, its name deriving from the soil sample taken from Lincoln, Nebraska.

Clinically Approved Lincosamides

Lincomycin

Clindamycin

General Points

Lincomycin is **narrow spectrum** in effect, mostly used for gram-positive infections. It is available IM and IV.

Clindamycin is available orally, topically, IV and intravaginally. Mostly used to treat **anaerobic gram-negative** infections, but may be used against some gram-positive cocci.

Clindamycin may **prolong effects** of neuromuscular blocking drugs such as vecuronium.

Adverse Effects

Nausea, Vomiting
Abdominal Pain, Cramps
Rash, Metallic Taste

Clindamycin is also associated with *Clostridium difficile*-associated diarrhoea.

Carbapenems

Carbapenems are a class of **beta-lactam antibiotics** with a broad spectrum of bactericidal activity - their structure renders them **highly resistant** to beta-lactamases.

Imipenem can be hydrolysed in the kidney by the enzyme **dehydropeptidase 1**, hence why it is given with an inhibitor of dehydropeptidase — **cilastatin**.

Clinically Approved Carbapenems

Imipenem

Meropenem

Ertapenem

Doripenem

General Points

All are given by **IV and IM** routes, except meropenem, which is only IV. At high doses, imipenem is **seizuregenic**.

Doripenem is particularly active against *Pseudomonas aeruginosa*, compared to ertapenem which is not.

Meropenem is bactericidal, **except** against *Listeria monocytogenes*, where it is bacteriostatic.

Marketing slogan of ertapenem is **The Power of One**, as the dose is 1g once daily.

Pharmacokinetics

Carbapenems have **short half-lives** — between 1-5hrs.

Primarily undergo **renal metabolism**.

Glycopeptides

Glycopeptide antibiotics are a class of drugs of microbial origin, which work by inhibiting peptidoglycan synthesis — the antecedent of cell walls.

These drugs are principally effective against **gram-positive cocci**, exhibit a **narrow spectrum of action**, **bactericidal** only against enterococci and tend to be used in those who are either critically ill, hypersensitive to β -lactams, or infected with β -lactam-resistant species.

Clinically Approved Glycopeptides

Vancomycin

Teicoplanin

Telavancin

General Points

All three are given by IV due to poor absorption, though vancomycin may be given orally to treat pseudomembranous colitis. Teicoplanin may be given IM.

Vancomycin should be administered both dilute and slowly, to avoid **red man syndrome**.

Telavancin is associated with a higher rate of kidney failure than vancomycin.

Adverse Effects

Ototoxicity
Nephrotoxicity (enhanced with aminoglycosides)
Thrombophlebitis at injection site
Rash
Neutropenia/Thrombocytopenia
Nausea

Thionamides

Carbimazole

Propylthiouracil

Thionamides {
Used to treat hyperthyroidism and Graves disease.
Inhibit thyroxine peroxidase which, in turn, inhibits thyroid hormone.

Given that T₄ has a long half-life, it may take up to 6 weeks for circulating T₄ and T₃ concentrations to return to normal. Both drugs accumulate in the thyroid gland over time, meaning their duration of action is longer than half-life expectations.

Carbimazole is converted by first-pass metabolism into the active ingredient **methimazole**. Methimazole has a short half-life of around 3-5 hours.

Propylthiouracil has 1/10 the activity of methimazole — usually reserved for those intolerant to carbimazole. **Cross-sensitivity** occurs between carbimazole and propylthiouracil.

Unwanted effects include GI upset, headache, arthralgia and pruritic rash common in first 8 weeks. **Bone marrow suppression** may also occur.